



## WKC ARES®

### Home and Family Safety Items

- Minimum 3-day supply of food and water for each person and pet
- Can opener
- Cooking/eating utensils
- Vitamins and other nutritional supplements
- Special Needs: prescription meds, eyeglasses, etc.
- OTC Meds: aspirin or other pain reliever, anti-diarrhea med, antacid, syrup of Ipecac, laxative, activated charcoal
- Flashlight (extra batteries)...NO candles. Rotate batteries
- Cyalume sticks (6)
- Hand-crank/battery/solar radio with extra batteries
- First Aid kit with manual
- Signal whistle
- Signal mirror
- Fire starter, cigarette lighter, or matches (in waterproof container)
- Sanitation/hygiene items: 4 rolls toilet paper/person, toothbrush/toothpaste, hand soap, towel, wet wipes
- Items for infants and pets
- Cell phone/charger, spare battery, and user manual
- Bleach (unopened, unscented, liquid)
- Wrench (or pliers) to turn off utilities
- Photocopies of: IDs, birth certif., social security card, passport, driver's license, bank accts, insurance info for home, car, etc....for each person
- Cash/coins: minimum \$100, with half in small denominations
- Garbage bags (large)
- Cordage (150 ft of parachute cord)
- Multi-tool and/or Swiss Army Knife
- Extra clothing (at least 1 change/person)
- Fire Extinguisher, ABC type
- Tool kit
- Area map
- Folding shovel
- Axe/hatchet
- Hammer/nails
- Saw
- Staple gun/staples
- Sleeping bags/foam pads
- Tent
- Tarp
- Rain Gear
- Emergency blanket (1/person)
- Clothespins
- Pet carrier/extra leash
- If planning to COOK: need camp stove and appropriate fuel
- Heavy-sole shoes
- Work gloves
- Warm clothing, hat, gloves
- Sunscreen, lip balm
- Paper towels (6 rolls)
- Wash pan/dish soap
- Duct tape
- Electrical tape
- Cable ties
- Dust masks
- Plastic sheeting to fit room openings...minimum => 5 mil
- Whatever else you think you need!!!

**Establish a safety contact plan which includes all family members.**